

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<h1 style="text-align: center;">January 2025</h1> <h2 style="text-align: center;">The Lafayette Activities Calendar</h2>		Happy New Year!		1	10:15 Spa: Hand Massage and Manicures 1 st FL 11:15 Power and Pump 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 LIVE MUSIC With Seth 2 nd FL	2	10:15 Morning Stretch 1 10:40 Word Games 1 st 11:15 Word Games 2 nd 1:30 Happy Hour 1 st 2:30 Happy Hour 2 nd	3	10:15 Trivia 1 st FL 11:15 Trivia 2 nd 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	4	Trivia Day		
				5	10:15 Monday Motivation: Yoga and Meditation 1 st 11:15 Monday Club: Reminiscing 2 nd FL 1:30 Cookie Decorating 1 st FL 2:30 Cookie Decorating 2 nd FL	6	10:15 Rise and Stretch 1 st FL 11:15 The Fabulous Sixties 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 Live Music with Roger Trembley 2 nd F	7	10:15 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:15 Bowling 2 nd FL 1:00 Men's Movie 2 nd FL 1:30 Bowling 1 st FL 2:30 Bingo 2 nd FL	8	10:15 Magazines and Music 1 st FL 11:15 Group Crossword 2 nd FL 1:30 Armchair Travel: China 2 nd 2:00 Salvation Army Sing A-long 1 st FL	9	10:15 Morning Stretch 1 10:40 Trivia 1 st FL 11:15 Trivia 2 nd 1:30 Pajama and Pizza Party 1 st FL 2:30 Pajama and Pizza Pary 2 nd FL
12	10:15 Monday Morning Drumming 1 st Fl 11:15 Monday Morning: Drumming 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 Resident Council with Ice-cream Social Happy Birthday Janice!	13	10:15 Power and Pump 1 st FL 11:15 Sixties the Years that Shaped a Generation 2 nd FL 1:30 Hallmark Movie Matinee 2 nd FL 2:00 Live Music with Roger Trembley 1 st FL	14	10:15 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:15 Balloon Volleyball 2 nd FL 1:00 Men's Movie 2 nd FL 1:30 Balloon Volleyball 1 st 2:30 Bingo 2 nd FL Happy Birthday Paul!	15	10:15 Spa: Hand Massage and Manicures 1 st FL 11:15 Movie Matinee 2 nd 1:30 Movie Matinee with Icecream 1 st 1 st F 2:30 Spa: Hand Massage and Manicures 2 nd FL	16	10:15 Morning Stretch 1 st 10:45 Whiteboard Games 1 st FL 11:15 Whiteboard Games 2 nd FL 1:30 Wine Tasting with Cheese and Crackers 1 st 2:30 Wine Tasting with Cheese and Crackers	17	10:15 Bowling 1 st FL 11:15 Chit Chat 2 nd 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	18	
19	Inauguration Day Coverage 10:15 Morning Stretch 1 10:40 MLK Trivia 1 st FL 11:15 MLK Trivia 2 nd FL 1:30 MLK Documentary 2:30 Bingo 2 nd FL 3:30 MLK Documentary Martin Luther King Jr Day	20	10:15 Boom Boom Pow 1 st FL 11:15 Guess the 1960's TV Show Theme Song 2 nd FL 1:30 Tea and Cookies 1 2:30 Tea and Cookies 2 Happy Birthday Stephanie!	21	10:15 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:15 Trivia 2 nd FL 1:00 Men's Movie 2 nd FL 1:30 Trivia 1 st FL 2:30 Bingo 2 nd FL	22	10:15 Zumba 1 st FL 11:15 Bike the Great Wall of China 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 LIVE MUSIC With Seth 2 nd FL	23	10:15 Morning Stretch 10:45 Jeopardy 1 st FL 11:15 Jeopardy 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 Elvis is in the Building 2 nd FL Happy Birthday Elaine!	24	10:15 Coffee and Conversations 1 st FL 11:15 Coffee and Conversations 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	25	
26	10:15 Monday Motivation: Yoga and Meditation 1 st FL 11:15 Monday Club: I Remember When... 2 nd 1:30 Movie Matinee 1 st 2:30 Movie Matinee 2 nd	27	10:15 Zumba 1 st FL 11:15 Guess the Beatles Song 2 nd FL 1:30 Snowball Fight and Building a Snowman 1 st 2:30 Snowball Fight and Building a Snowman 2 nd	28	10:15 Chit Chat 1 st FL 10:45 Catholic Mass 1 st 11:30 Chit Chat with Kathy 2 nd FL 1:00 Men's Movie Marathon 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	29	10:15 Fitness Trivia 1 st 11:15 Fitness Trivia 2 nd 1:30 Chinese New Year Celebration 1 st 2:30 Chinese New Year Celebration 2 nd	30	10:15 Morning Stretch 1 st 10:45 Guess Who? 1 st 11:15 Guess Who? 2 nd 1:30 January Birthday Party 1 st FL 2:30 January Birthday Party 2 nd FL Happy Birthday Jack!	31			

ACTIVITY SCHEDULE Subject to Change.

