

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 Monday Motivation: Yoga and Meditation 1 st FL 11:15 Finish the Line 2 nd FL 1:30 Gingerbread Cookie Decorating 1 st FL 2:30 Gingerbread Cookie Decorating 2 nd F Gingerbread Day!	2 10:15 Monday Motivation: Yoga and Meditation 1 st F 11:15 Christmas Riddles 2 nd FL 1:30 Guess the Christmas Song and Cookies with Egg Nog 1 st FL 2:30 Guess the Christmas Song and Cookies with Egg Nog 2 nd FL	3 10:15 Rise and Stretch 1 st FL 11:15 Tran Siberian Orchestra and Christmas Cards for the Troops 2 nd FL 2:00 Resident Council and Ice-cream Social 2 nd FL	4 10:15 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:15 Bowling 2 nd FL 1:00 Men's Movie 2 nd FL 1:30 Bowling 1 st FL 2:30 Bingo 2 nd FL 3:30 Learn Mahjong 2 nd FL	5 10:15 Spa: Hand Massage and Manicures 1 st FL 11:15 Morning Movie 2 nd FL 1:30 Movie Matinee with Ice-cream 1 st FL 2:30 Spa: Hand Massage and Manicures 2 nd FL	6 10:15 Morning Stretch 1 st FL 10:45 Trivia 1 st FL 11:15 Jeopardy 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 LIVE MUSIC With Seth 2 nd FL Happy Birthday Cash!!!	7 10:15 Chit Chat 1 st FL 11:15 Chit Chat 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL
8 10:15 Monday Motivation: Yoga and Meditation 1 st F 11:15 Christmas Riddles 2 nd FL 1:30 Guess the Christmas Song and Cookies with Egg Nog 1 st FL 2:30 Guess the Christmas Song and Cookies with Egg Nog 2 nd FL	9 10:15 Monday Motivation: Yoga and Meditation 1 st F 11:15 Christmas Riddles 2 nd FL 1:30 Guess the Christmas Song and Cookies with Egg Nog 1 st FL 2:30 Guess the Christmas Song and Cookies with Egg Nog 2 nd FL	10 10:15 Power and Pump 1 st FL 10:30 Threshold Singers 1on1 Visits 1 st and 2 nd FL 11:15 Behind the Nutcracker Doc 2 nd FL 1:30 Ornament Making 1 st FL 2:30 Ornament Making 2 nd FL	11 10:15 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:15 Balloon Volleyball 2 nd FL 1:00 Men's Movie 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL 3:30 Learn Mahjong 2 nd FL	12 10:15 Christmas Family Feud 1 st FL 11:15 Christmas Family Feud 2 nd FL 1:30 Armchair Travel: Christmas Around the World 2 nd FL 2:00 Salvation Army Sing A-Long 1 st FL	13 10:15 Grinch Fitness Trivia 1st 10:45 Reindeer Word Games 1 st FL 11:15 Reindeer Word Games 2 nd FL 1:30 Movie Matinee 1 st FL 2:30 Movie Matinee 2 nd FL Grinch Day !	14 10:15 News Now 1 st FL 11:15 News Now 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL Happy Birthday Carol J!!!
15 10:15 Decorate a Christmas Tree 1 st FL 11:15 Decorate a Christmas Tree 2 nd F 1:30 Christmas Song Sing Along 1 st FL 2:30 Bingo 2 nd FL Ugly Sweater Day!	16 10:15 Decorate a Christmas Tree 1 st FL 11:15 Decorate a Christmas Tree 2 nd F 1:30 Christmas Song Sing Along 1 st FL 2:30 Bingo 2 nd FL Ugly Sweater Day!	17 10:15 Yoga and Mediation 1 st FL 11:15 Norman Rockwell's World 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 Live Music with Roger Trembley 2 nd FL	18 10:15 Chit Chat 1 st FL 10:45 Catholic Mass 1 st FL 11:30 Chit Chat with Kathy 2 nd FL 1:00 Men's Movie 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	19 10:15 Spa: Hand Massage and Manicures 1 st FL 11:15 Peppermint Tea Party 2 nd FL 1:30 Peppermint Tea Party 1 st FL 2:30 Spa: Hand Massage and Manicures 2 nd FL	20 10:15 Morning Stretch 1 st FL 10:45 Guess Who 1 st FL 11:15 Guess Who 2 nd FL 1:30 December Birthday Party 1 st FL 2:30 December Birthday Party 2 nd FL	21 10:15 Bowling 1 st FL 11:15 Chit Chat 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL
22 Monday Motivation: Yoga and Meditation 1 st FL 11:15 Christmas Edition of The Price is Right 2 nd FL 1:30 Hallmark Movie Matinee 2 nd FL 2:00 Live Music with Roger Trembley 1 st FL	23 Monday Motivation: Yoga and Meditation 1 st FL 11:15 Christmas Edition of The Price is Right 2 nd FL 1:30 Hallmark Movie Matinee 2 nd FL 2:00 Live Music with Roger Trembley 1 st FL	24 10:15 Christmas Trivia 1 st FL 11:15 Christmas Trivia 2 nd FL 1:30 Tabernacle Choir Concert 1 st FL 2:30 Tabernacle Choir Concert 2 nd FL	25 Merry Christmas!!! Happy Hannukah!!	26 10:15 Armchair Travel: Celebrating Hanukkah 1 st FL 11:15 Armchair Travel: Celebrating Hanukkah 2 nd FL 1:30 Movie Matinee 1 st FL 2:30 Movie Matinee 2 nd FL	27 10:15 Morning Stretch 1 st FL 10:45 Whiteboard Games 1 st FL 11:15 Whiteboard Games 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 LIVE MUSIC With Seth 2 nd FL	28 10:15 Coffee and Conversations 1 st FL 11:15 Coffee and Conversations 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL
29 10:15 Yoga 1 st FL 10:45 Hanukkah Games 1 st FL 11:15 Hanukkah Games 2 nd FL 1:30 Axe Throwing and Table Games 1 st FL 2:30 Axe Throwing and Table Games 2 nd FL	30 10:15 Yoga 1 st FL 10:45 Hanukkah Games 1 st FL 11:15 Hanukkah Games 2 nd FL 1:30 Axe Throwing and Table Games 1 st FL 2:30 Axe Throwing and Table Games 2 nd FL	31 10:15 Morning Stretch 1 st FL 10:45 Which Decade Is It? 1 st FL 11:15 Which Decade Is It? 2 nd FL 1:30 New Years Eve Party 1 st FL 2:30 New Years Eve Party 2 nd FL	December 2024 The Lafayette Activities Calendar			

ACTIVITY SCHEDULE Subject to Change.