

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Monday-Friday 8:00-8:30: "The Daily Chronicle" : News of the Day and Activities Schedule Word Puzzles and Coloring Daily on each Floor. Barbeques on the Patio! Look out for the updates on the Daily Chronicle. ACTIVITY SCHEDULE Subject to Change.	1 10:15 Monday Motivation: Yoga and Meditation 1 st 11:15 Cookie Club: Taste Test 2 nd F 1:30 Teatime 1 st FL 2:30 Bingo 2 nd FL	2 10:15 Spa: Hand Massage and Manicures 1 st FL 11:15 Movie Matinee 2 nd 2:00 Resident Council 2 nd FL 3:15 Ice-Cream Social 2 nd then Cart 1 st /2 nd FL	3 10:00 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:00 Bowling 2 nd FL 1:30 Bowling 1 st FL 2:30 Bingo 2 nd FL	4 Happy 4 th of July!!	5 10:15 Trivia Challenge 1 st FL 11:15 Trivia Challenge 2 nd FL 1:30 Movie Matinee 1 st FL 2:00 LIVE MUSIC With Seth 2 nd FL	6 10:00 Bowling 1 st FL 11:00 Chit Chat 2 nd 1:30 Balloon Volleyball 1st FL 2:30 Bingo 2 nd FL
7	8 10:15 Monday Motivation: Yoga and Aroma Therapy 1 st FL 11:15 Monday Club: Reminiscing 2 nd FL 1:30 Paint and Sip 1 st 2:30 Paint and Sip 2 nd	9 10:15 Power and Pump 1 st FL 10:30 Threshold Singers 1st/2nd FL 11:15 San Diego Zoo Documentary 2 nd FL 2:00 Live Music with Roger Trembley 1 st FL 3:00 Rummikub 2 nd FL	10 10:00 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:00 Balloon Volleyball 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	11 10:00 Wake Up with Hallmark Movie 1 st FL 10:30 Piano with Emily 2 nd FL 2:00 Salvation Army Sing A-Long 1 st FL 3:00 Armchair Travel: US Landmarks 2 nd FL	12 10:15 Jeopardy 1 st FL 11:15 Jeopardy 2 nd FL 1:30 Movie Matinee 1 st FL 2:30 Movie Matinee 2 nd FL	13 10:00 Bowling 1 st FL 11:00 Chit Chat 2 nd 1:30 Balloon Volleyball 1st FL 2:30 Bingo 2 nd FL
14	15 10:15 Monday Motivation: Yoga and Meditation 1 st FL 11:15 Cookie Club: Taste Test 2 nd F 1:30 Teatime 1 st FL 2:30 Bingo 2 nd FL 4:00 LIVE MUSIC with Peter Mercier 2 nd FL	16 10:15 Boom Boom Pow 1 st FL 11:15 Trivia Challenge 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 Live Music with Roger Trembley 2 nd FL	17 10:00 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:00 Trivia Challenge 2 nd FL 1:30 Trivia Challenge 1 st 2:30 Bingo 2 nd FL Trip to the Willows 10:30-1:30	18 10:15 Spa: Facials and Hand Massage 1 st FL 11:15 Spa: Facials and Hand Massage 2 nd FL 1:30 Movie Matinee 1 st 2:30 Spa: Hand Massage and Manicures 2 nd FL	19 10:15 White Board Games 1 st FL 11:15 White Board Games 2 nd FL 2:00 LIVE MUSIC with Julie Z 1 st FL 2:45 Happy Hour with Pizza 2 nd FL	20 10:00 Bowling 1 st FL 11:00 Chit Chat 2 nd 1:30 Balloon Volleyball 1st FL 2:30 Bingo 2 nd FL
21	22 10:15 Monday Motivation: Yoga and Meditation 1 st 11:15 Monday Club: Current News 2 nd FL 1:30 San Diego Zoo Documentary 1 st FL 2:00 Live Music with Dennis Dulong JR 2 nd	23 10:15 Zumba 1 st FL 11:15 San Diego Zoo Documentary 2 nd FL 1:30 Hallmark Movie Matinee 1 st FL 2:00 LIVE MUSIC With Seth 2 nd FL	24 10:00 Chit Chat 1 st FL 10:30 Eucharistic Minister Visit 1 st /2 nd FL 11:00 Bowling 2 nd FL 1:30 Bowling 1 st FL 2:30 Bingo 2 nd FL	25 10:00 Wake Up with Hallmark Movie 1 st FL 10:30 Piano with Emily 2 nd FL 1:30 Movie Matinee 1 st 2:30 Movie Matinee 2 nd	26 10:15 Fitness Trivia 11:15 History of the Olympics 2 nd FL 1:30 Happy Hour: Frozen Margaritas 1 st 2:30 Happy Hour: Frozen Margaritas 2 nd	27 10:00 Bowling 1 st FL 11:00 Chit Chat 2 nd 1:30 Balloon Volleyball 1st FL 2:30 Bingo 2 nd FL
28	29 10:15 Monday Motivation: Yoga and Meditation 1 st FL 11:15 Cookie Club: Taste Test 2 nd F 1:30 Sing A-Long 1 st 2:30 Bingo 2 nd FL	30 10:15 Guess Who? 1 st 11:15 Guess Who? 2 nd 1:30 July Birthday Party/ Cart 1 st FL 2:30 July Birthday Party/ Cart 2 nd FL	31 10:00 Chit Chat 1 st FL 10:45 Catholic Mass 1 st 11:30 Chit Chat with Kathy 2 nd FL 1:30 Balloon Volleyball 1 st FL 2:30 Bingo 2 nd FL	<h1>July 2024</h1> <h2>The Lafayette Activities Calendar</h2>		